More than 93 million Americans are affected by the disease of obesity. For too long, people with obesity have faced weight bias and barriers to effective treatment of their disease. Half of people with obesity report they have never had a conversation about their weight with a healthcare professional.

Individuals Must No Longer be the Target of Weight Bias

93 Million
Number of U.S. individuals affected by obesity

Healthcare Providers Need to be Trained in Obesity Care

2013
During the past decade, the American Medical Association declared obesity a complex chronic disease and called for elimination of out-of-date restrictions on care

Individuals with Obesity Must Have Access to and Coverage of Science-based Treatments

$427 Billion
Estimated cost of annual obesity-related healthcare

Providers and Policy Makers Must Recognize the Need for Further Investment in the Education, Prevention and Treatment of Obesity

Nearly 50%
Estimated percentage of adults affected by obesity in 2030 if no change is made

Individuals with Obesity Need to Know that this Disease is Not Their Responsibility Alone and Work with a Healthcare Provider

Adults Per Age Group Affected by Obesity:

- 20 – 39 Years: 35.7%
- 40 – 59 Years: 42.8%
- 60 and Over: 41%

42%
Individuals with obesity end up paying 42% more on healthcare costs

$61.8 BILLION
Estimated cost of Medicare and Medicaid patients with obesity. Eradicating obesity would result in an 8.5 percent savings in Medicare spending alone.

230
Obesity is linked to more than 200 diseases and disorders, including:
- Stroke
- Diabetes
- Cancer
- Sleep Apnea

PROUDLY BROUGHT TO YOU BY:

OCW2020

Sign-up for OCW Alerts to learn how you can get involved!

ObesityCareWeek.org/ocw-alerts